

FOR IMMEDIATE RELEASE

10 Years and 870 Lives Later: Villages NW Celebrates a Legacy of Support *Neighbors Helping Neighbors Age-at-Home with Friendship and Dignity*

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PORTLAND, OR – A local senior recently shared, *"My Village made it possible for me to live these last two years where I most wanted to stay—and where I feared I could not—in my own home."*

This powerful reflection captures the essence of the Village Movement, which Villages NW has championed for a decade. On **September 13**, Villages NW will mark the **10th anniversary** of its first Village with a celebration at **Oaks Park** for members and volunteers.

"We are incredibly proud to celebrate this milestone," remarked Lyn Trainer, Executive Director. *"Over the past ten years, we've seen firsthand how community connection and support can transform the experience of aging."*

The event also coincides with **the 25th anniversary of the national Village Movement**, a grassroots model that empowers older adults to age in place with purpose and community.

A Movement Built on Connection

Since launching **Eastside Village** in Southeast Portland on October 1, 2015, Villages NW has grown into a regional force. Today, it supports **870 members** through a network of **11 Villages**, powered by **700 volunteers** across the four-county metro area and Oregon coast.

Nationally, the Village Movement includes nearly **300 Villages** serving more than **40,000 members**.

But Villages NW is more than a service provider—it's a warm and caring community. Hosting over 120 activities and events each month, the Villages offer older adults meaningful ways to connect, contribute, and thrive. Volunteers provide critical support, from transportation and light maintenance to companionship and opportunities to make new friends close to home.

The Power of a Helping Hand

The impact of the Villages is deeply felt by both members and volunteers. Pete Jacobsen, a volunteer driver for Eastside Village, shared:

"I take a diverse group of folks to their appointments. My favorite 'gig' is driving an impaired husband to an elder day care facility so his caregiver wife can run errands—or just relax. It gives me great pleasure to provide that service as a Village volunteer."

This spirit of mutual support and **human connection** is the heart of the Village Movement—showing how a simple act of kindness can transform lives.

[About Villages NW](#)

Villages NW is a nonprofit organization building vibrant, intergenerational communities that help older adults live active, connected, and independent lives in their own homes.

Through the power of volunteers and neighbor-to-neighbor care, [Villages NW](#) is **transforming the experience of aging** across the Portland metro area—and beyond.

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